

NAME	CONTACT	ADDRESS 1	ADDRESS 2	TEL	FAX
JOHANNESBURG EAST					
DISCHEM - BOKSBURG NORTH PHARMACY	Neville/Linda	Shop 11 Northrand Road Cntr, Northrand Rd	Boksburg North	011 306 1500	011 306 1520
DISCHEM - EAST RAND MALL	Lindsay	Cnr Northrand & Rietfontein Rd, Galleria Ent	East Rand Mall	011 823 5315	011 823 5305
EASTGATE HEALTH		Shop U53 Eastgate Shopping Centre	Eastgate	011 615 6796	011 482 3574
		Cnr v. Riebeeck & Modderfontein Road	Edenvale	083 5919596	
DISCHEM - PARK MEADOWS PHARMACY	John-John/Alan	Park Meadows Shopping Cntr, Cumberland Rd	Kensington	011 616 8933	011 616 8934
DISCHEM - GREENSTONE MALL	Dean/Rose/Allan	Greenstone Mall, Modderfontein & van Riebeeck Ave	Edenvale	011 663 9900	011 452 0717
DISCHEM - MONDEOR	Kassie	Cnr Columbine Ave & Royal Park Drive	Mondeor	011 680 5676	011 433 1350
DISCHEM - WOODMEAD		Shop 10 Woodmead Retail Park , Woodmead Rd	Woodmead	011 233 0040	011 804 8959
DISCHEM FARRARMERE		Farrarmere Square, Cnr Kei Str and Maalstron Rd	Benoni	011 749 6900	011 425 3515
DISCHEM BOKSBURG NORTH		Northrand Road Centre, Cnr Fire Station and North Rand Rd	Boksburg	011 306 1500	011 306 1520
SPRINGBOK PHARMACY	Darryl Green	Shops 1-4 Alberton Mall, Voortrekker Road	Alberton	011 861 6600	011 907 9249
DISCHEM - BRACKEN GARDENS		119 Hennie Alberts Str cnr Delphinium Ave, Brackenhurst	Alberton	011 900 1525	011 900 3544
JOHANNESBURG SOUTH					
DISCHEM - THE GLEN PHARMACY		The Glen Pharmacy, GU14 The Glen Shopping Centre, Cnr Orpen and Letaba Streets			
JOHANNESBURG WEST					
DISCHEM - STRUBENS VALLEY	Miekie	Retail Crossing Cntr, Hendrik Potgieter & Nic Diedrichs	Strubens Valley	011 991 3600	011 675 1054
RUIMSIG SUPER SPAR	Andrew	Cnr Hendrik Potgieter & Doreen Rd, Ruimsig Shopping Cntr	Ruimsig	011 958 0180/1	
RETAIL CROSSING SUPERSPAR	Anthony	Cnr Nic Diederichs Blvd & Hendrik Potgieter Rd	Wilgeheuwel	011 475 0884	
DISCHEM - NORTHGATE	Andre	Northgate Shopping Centre	Northgate	011 794 9433	011 794 1657
DISCHEM - RANDRIDGE MALL	Henny	Randparkridge Mall Cnr Beyers Naude & John Vorster	Randparkridge	011 792 5717	011 792 4591
DISCHEM - ROODEPOORT - PRINCESS CROSSING	Abbey/Lou	Shop 20, Princess Crossing Centre, 54 Ontdekkers Rd,	Roodepoort	011 768 5665	011 768 4117
FLORIDA JUNCTION SPAR	Theo/Nicholas	cnr Ontdekkers & Christiaan de Wet Rds, Florida	Florida	011 472 0411	
GORDON ROAD SUPERSPAR	Neville	Cnr Bergbron & Gordon Rd, Bergbron	Bergbron	011 477 5591	
IMPALA FRUITERERS	Frank	173 Beyers Naude Drive, Northcliff	Northcliff	011 888 4211	
HONEYDEW FRUIT MARKET	Helio	Shop 13, Honeydew Cntr, Blue Berry & Beyers Naude	Honeydew	011 794 1220	011 794 1220
SAGE & THYME	Leaticia	Shop L54, Cresta Shopping Centre, Beyers Naude Drive	Cresta	011 678 2915	011 476 8997
BEST OF NATURE	Gloria/Virginia	Weltevreden Park, Randridge Mall	Randparkridge	011 791 1743	011 791 2683
REFORMHAUS	Helga	Northgate Shopping Centre	Northgate	011 794 1873	011 760 2883
DISCHEM - CRESTA	Craig/Gerrie	Shop L207, Cnr Beyers Naude and Weltevreden	Cresta	011 478 0101	011 478 0103

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JOHANNESBURG NORTH					
DISCHEM - FOURWAYS MALL	Gerald	Fourways Mall Shopping Centre, Fourways	Fourways	011 465 4420	011 465 4565
DISCHEM - BENMORE GARDENS PHARM	Michelle	Benmore Gardens, cnr 11th & Grayston Drive	Benmore	011 783 9715	011 783 9716
FRUITS & ROOTS - Hobart Centre	Sweetness	G13, Hobart Shopping Centre	Bryanston	011 463 2928	011 463 2917
THE NUTRI-BALANCE CENTRE SANDTON	Richard/Grace/Angel	Sandton City Lower Level, Sandton	Sandton	011 884 8753	011 784 9249
HEALTH WORKS	Louise/Tamsen	Hyde Park Corner, Lower Level, Hyde Park	Hyde Park	011 325 5168	011 325 5064
MORNINGVIEW HEALTH	Costa/Janet	100 South Road, Morningside, Sandton	Sandton	011 883 9157	011 883 6081
THE NUTRI-BALANCE CENTRE BENMORE	Pretty	Benmore Gardens Shopping Centre, Benmore	Benmore	011 883 3602	011 883 3614
NATURALLY YOURS - WELEDA MAIN ROAD	Wayne	453 Main & Culross Rds, Bryanston	Bryanston	011 463 3604	011 463 8523
ANNICA'S DELI - THE WEDGE	Annica	The Wedge Shopping Centre, Rivonia Road	Rivonia	011 884 8112	011 883 4772
CHEF GRANDE	Annabelle	Michelangelo Towers, Maud Street, Sandton	Sandton	011 884 9445	
COCOA DIVA	Wilma	16 The High Road, Melrose Arch	Sandton	011 684 1215	011 684 1215
WELEDA PHARMACY PINESLOPES	Dhivia	Pineslopes Centre, The Straight, Fourways	Fourways	011 467 2430	011 467 0530
KATHERINE AVENUE SPAR	Simon	Katherine Ave & Wierda East, Atholl Square	Sandton	011 883 2229	011 883 2187
BRYANSTON FRUIT AND VEG	Mario	Cramerview Village Centre, 277 Main Rd, Bryanston	Bryanston	011 706 2914	
BROADACRES SUPERSPAR	Jacques	Broadacres Centre, Cedar & Valley Rd, Fourways	Fourways	011 540 1500	011 540 1515
SAGE & THYME HEALTH	Antoinette	Shop L16 Morningside Shop Centre, Cnr Waggon & Outspan Rd	Morningside	011 708 7864/5/6	
SUPER-A-SPAR NORWOOD	Dimi/Tony	71 Grant Avenue, Norwood	Norwood	011 483 1229	011 728 3735
FRESH EARTH	Matthew	Cnr Lotsani and Komatie Roads	Emmentaria	011 646 4404	011 646 3470
THE NUTRI-BALANCE CENTRE ROSEBANK	Andrea/Memory	Rosebank Mall, Ground Floor	Rosebank	011 327 5338	011 883 6491
THRUPPS	Alec	Cnr Oxford and Rudd Roads, Illovo Shopping Cntr	Rosebank	011 268 0298	011 268 0349
GREENLANDS WHOLEFOODS	Rona	61 Dundalk Avenue, cnr Roscommon, Parkview	Parkview	011 880 9044	086 558 8187
DISCHEM NORWOOD	Jonathan	Norwood Shopping Centre	Norwood	011 728 0940	011 728 0942
DISCHEM ATHOL/OAKLANDS	Brian Markman	Shop 1, Bluebird Centre, Fort Rd & Athol Oaklands Rd	Birnam	011 430 0600	011 885 1212
THE NUTRI-BALANCE CENTRE NORWOOD		Shop 27, Norwood Mall, Cnr Hamelin & 6th Ave,	Norwood	011 728 5971	011 728 5971
LOVING NATURE	Karin	Shop 25 Linksfield Square, 119 Club Street	Linksfield	011 640 3999	
PARKMORE SPAR	Claudette	cnr 12th Str and Olympia Ave	Parkmore	011 884 0314	
BAY LEAF AND SAGE	Jean	Shop 2 Atholl Oaklands Rd, Blu Bird Shopping Centre	Birnam	011 786 0008	
KILLARNEY RIVIERA PHARMACY AND HEALTH	Chanel	Shop 75, Killarney Mall, 60 Riviera Road, Killarney	Killarney	011 646 1957	
DR M M SMUTS	Celia	8, 4th Street, Linden	Linden	011 782 1717	011 782 1718
CRAIGHALL SPAR	Andreas	110 Lancaster Avenue, Craighall	Craighall	011 788 1510	011 447 1618
BLAIRGOWRIE SPAR	Gansen	Conrad Drive, Blairgowrie	Blairgowrie	011 787 0282	
FERNDALE VILLAGE SPAR	Marius	Cnr Main & Oxford Road, Ferndale	Ferndale	011 781 5399	
PICK 'n PAY BRIGHTWATER COMMONS	Mossie	Brightwater Commons, Republic Road	Randburg	011 789 9900	011 789 9944

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MIDRAND					
DISCHEM - MIDRAND CARLSWALD	Damian	Carlswald Lifestyle Centre, Cnr Lever & New Rd	Midrand	011 697 0800	011 318 0480
VEREENIGING					
EURO SUPERSPAR	Jacob/Chris Snr	cnr Gnl Hertzog & Assegaai Str, Three Rivers	Vereeniging	016 423 6691	016 423 6689
VAAL					
DISCHEM - VAAL MALL	Johan v Tonder	Cnr Rossini and Barrage Boulevard,	Vanderbijlpark	016 910 1000	016 931 0100
PRETORIA					
HEALTH YARD	Tienie/Karen	Shop G96, Menlyn Shopping Centre, Menlyn Park	Menlyn Park	012 348 6398	012 348 6398
DISCHEM - CENTURION PHARMACY	Johan	Centurion Shopping Centre, Centurion Lake	Centurion	012 663 9363	012 663 9364
DISCHEM - MONTANA NORTH	Liesl/Adri	Montana North - Kolonade Shopping Centre	Montana North	012 523 9120	012 523 9130
DISCHEM - LYNWOOD ROAD PHARMACY	Elsie	Hillcrest Boulevard, Lynwood Rd, Hillcrest	Pretoria	012 362 3633	012 362 4464
NATURAL LIFE BROOKLYN	Ena / Charmaine	355 Brooklyn Mall, Veale Str, New Muckleneuk	New Muckleneuk	012 460 9159	012 460 9159
ONE LIFE	Paul	Shop 277 Lake Centre, Centurion Mall, Centurion	Centurion	012 643 0878	086 603 6247
DISCHEM OLYMPUS	Bobby	Cnr Hans Strydom & Haymeadow Crescent, Faerie Glen	Pretoria	012 991 0044	012 991 0027
DISCHEM - HAZELDEAN	Ryno	Shop 32, Hazeldean Square, No 1 Silverlakes Rd	Hazeldean	012 809 4140	012 809 4144
DISCHEM - RASLOUW		Shop 11, Raslouw Lifestyle Cntr, Cnr Rooihuiskraal & Hendrik Verwoerd Drive,	Centurion	012 656 8401	012 656 8407
DISCHEM - WONDERBOOM		Shop G13 Wonderboom Junction, Annlin West, Tshwane	Pretoria	012 543 8900	012 543 3255
DR A ENGELBRECHT		426 Cliffendale Drive, Faerieglen	Pretoria	012 991 8707	012 991 8700
BLOEMFONTEIN					
DISCHEM - BLOEMFONTEIN	G Franks	Shop 68, Northridge Mall, Eeufees Rd, Helicon Heights	Bloemfontein	051 433 1001	051 433 1002
PARYS					
THE SUNFLOWER HEALTH SHOP	Alma	24 Buiten Street	Parys	056 8172275	
RUSTENBURG					
DISCHEM - RUSTENBURG PHARMACY	Vicki	Shop 1 Watergall Mall Value Centre, Waterfall Park	Rustenburg	014 537 6480	014 537 3367
MPUMALANGA - NELSPRUIT					
DISCHEM Nelspruit		Shop 17 Riverside Lifestyle The Grove R40 White River Road	Nelspruit	013 757 9383	013 757 0636

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MIDDELBURG					
HERBPHARM	Anita	7 Vosstraat, Groenkol, Middelburg	Middelburg	013 243 3513	013 243 3513
DURBAN					
DISCHEM GLEN LUCIA	Dean/Rose	La Lucia Mall, 90 William Campbell Drive, La Lucia	Durban	031 572 9950	031 572 7760
DISCHEM HILLCREST	Rowan/Rose	Hillcrest Corner Cntr, Old Main Rd & Hospital Rd	Hillcrest	031 761 4380	
LIFESTYLE HEALTH	Judy/Stephanie	Shop 24a, Lifestyle Health, Ballito, 4420	Ballito	032 946 0441	032 946 0440
DISCHEM WESTVILLE	Dean	Shop L58 Westwood Mall, 16 Lincoln Terrace, Westville	Durban	031 279 1999	031 266 0236
ADD TO YOUR HEALTH	Sarah	Shop 43, Kensington Square, 53 Kensington Dr. Durban North	Durban	031 564 3197	
DISCHEM AMANZIMTOTI		Shop G25, The Galleria, Cnr Moss Kolnik & Arbour Road	Amanzimtoti	031 904 9550	031 904 1109
CAPE TOWN					
DISCHEM - Century City Pharmacy/Canal Walk	Susy/Annette	Shop 41 Grnd Floor, Canal Walk, Century City,	Milnerton	021 551 5551	021 551 5566
DISCHEM - TYGERVALLEY	Anette	G77 Willowbridge Centre, Carl Cronje Rd,	Tygerberg	021 917 7500	021 917 7500
DISCHEM CAPE - Claremont	Hamiet/Martin	G1 Std Bank Galleria 178-182 Main Rd,	Claremont	021 673 1480	021 674 6708
DISCHEM - PAARL MALL	Nico	Paarl Mall, Cnr of New Vlei and Cecilia Street,	Paarl	021 863 5060	021 863 4191
SEA POINT SPAR	David	99 Regent Road, Cnr Solomon Road, Sea Point	Sea Point	021 439 0913	021 439 6879
NATURAL ORGANIC LIFE	Henrike	14 Greenacres Close	Hout Bay	076 1120547	
B-HEALTHY	Lorraine	Shop 1 De Wet Square, Plein Street (Behind FNB) Stellenbosch	Stellenbosch	021 887 3442	
GRAHAMSTOWN NORTH					
THE MUSTARD SEED	Bridget	Shop 14 Peppergrove Mall, African Str, Grahamstown	Grahamstown	046 636 1496	046 636 1496
PICK 'n PAY GRAHAMSTOWN	Werner/Zulu	Pepper Grove Mall, 22 African Street, Grahamstown	Grahamstown	046 636 1747	046 636 1749
PORT ELIZABETH					
DISCHEM - WALMER	Mark	Shop 33 Ground Floor, Kings Mall, 1 Buffelsfontein Rd, Walmer	P.E.	041 391 9100	041 368 7202
DISCHEM - CAPE ROAD		Shop 1, 289 Cape Road, Newton Park	P.E.	041 396 2600	041 363 0526
EAST LONDON					
DISCHEM - HEMMINGWAYS	Ann Lombard	Hemmingways Pharmacy, UG49 Hemmingways Shopping Centre, Cnr Western Services Avenue & Two Rivers Drive	East London	043 709.4400	043 726 0450
SOMERSET					
DISCHEM - SOMERMALL PHARMACY	Johan	Shop 310, Somerset Mall, Somerset West	Somerset West	021 850 5940	021 851 0252